Dandruff Q & A

Q: "I have dandruff and scaling on my face. What can I do?"

A: Dandruff, also called seborrheic dermatitis, is best known for causing scaling and flaking of the scalp. Many people do not know it can cause redness and scaling on the face too. If you have redness along the sides of the nose, the eyebrows and around the ears you may have seborrheic dermatitis. Itching is variable. The exact cause is not entirely understood but shampoos with zinc pyrathione, selenium sulfide or the antifungal ketoconazole often help. Shampoo lather should be left on the affected area, including the face, for 30 seconds 2-3 times a week.

If these techniques are not enough you may have an alternative diagnosis or need prescription medications. We would be honored to see you and want you looking and feeling great. Call today (574)522-0265. No referral necessary.

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